



# Equine Sports Massage

## Practitioner Diploma



**1 year part-time course commencing:**

**Mon – Fri 22<sup>nd</sup> – 26<sup>th</sup> May 2017  
National Equestrian Centre, 114 Rapids Road,  
Rotokawa 3378, New Zealand**

**Organised by:**

**THE INSTITUTE OF COMPLEMENTARY ANIMAL THERAPIES  
England UK**

**[www.theicat.co.uk](http://www.theicat.co.uk)**

## ICAT™ Equine Sports Massage Practitioner Course

This course aims to equip the learner with the specialist theoretical, clinical reasoning and practical application skills to become a qualified Equine Sports Massage Practitioner.

### Structure:

This **12 month** part-time course commences in May and finishes the following May. It consists of learners attending three taught residential blocks; two externships during which the candidates will be expected to complete assignments on anatomy and physiology; the principles of massage; business studies; and records of practical case studies. There is a final practical assessment and a written theory examination.

1. **Residential Block 1:** **Foundation & Intermediate Modules** combined and taught over 5 days
2. **Residential Block 2:** **Advanced Module** and revision session taught over 3 days
3. **Residential Block 3:** **Final Assessment Module:** consisting of revision, followed by a final practical assessment and a written theory examination over 3 days

### Externship:

In between each residential block, students have an externship during which they will be required to complete assignments on anatomy and physiology and submit these via email direct to ICAT for marking. They will also be expected to complete 30 practical case studies. A New Zealand based support tutor will be available to provide mentoring during this externship. The final grade will reflect continual assessment on coursework and case studies, as well as the final practical and theory examination results.

### Tuition:

N.B. This is **not an online course**, instead we wish to offer you a much more comprehensive and through interactive learning experience. We offer **'hands on' one to one tuition**. Because we are there **with you, supporting you** and able to **demonstrate on you** the **correct application** of palpation and massage techniques, you will quickly learn when and how to adapt/refine your skills on a variety of different horses in a controlled, supervised environment. This direct learner/tutor training has proven results, with graduates setting up in practice as competent, confident and knowledgeable therapists. Our NZ based instructors are always available to offer ongoing support and guidance whenever you need it.



### Content:

The topics covered in this practitioner course include:

- The history, theory and practice of Equine Sports Massage techniques
- Health, safety, hygiene and promoting professional standards
- The consultation process, plan, implement and record treatments
- Prepare for and provide Equine Sports Massage
- Professional ethics and code of practice
- Equine anatomy & physiology
- Equine conformation and gait analysis
- Equine biomechanics and the importance of correct foot balance
- Contra indications & contra actions to massage
- Treatment outcomes and aftercare advice
- Overview of equine dental issues and saddle fitting issues
- Business Start Up

### Entry Criteria:

The ICAT™ Equine Sports Massage Practitioner course attracts candidates from a variety of backgrounds. Students are expected to be over 21 years old and have proven experience in handling and riding horses for a minimum of 3 years. Have sufficient physical capability as well as academic ability (e.g. National Certificate), (*this includes English language skills for international students*) and computer literacy skills (due to coursework being submitted electronically). A mature attitude, commitment to the course and an ability to meet set deadlines is expected of all learners.

### Outcome:

Upon successful completion of the course, graduates will be awarded the **ICAT™ Equine Sports Massage Practitioner Diploma**.

They will have developed the necessary theoretical knowledge, analytical and critical evaluation skills and the ability to apply practical techniques required in the professional application of Equine Sports Massage. They will be able to work confidently and independently as equine sports massage therapists working in the Animal Care and Welfare Industry.



### Course Fee:

#### 2017 Tuition Fee: NZ\$ 7,500.00

Payable by initial deposit of NZ\$ 1,000.00 with the balance of NZ\$ 6,500.00 payable on the first day of the course or by 10 monthly instalments of NZ\$ 650.00.

### Progression:

ICAT Equine Sports Massage graduates are eligible to apply for the Animal Mechanics™ **Equine Sports Therapy & Myopractor Diploma**. This course equips the learner with the necessary advanced soft tissue palpation and McTimoney-Corley adjustment skills required to carry out musculo-skeletal manipulation treatments. Entry is restricted to graduates of the ICAT™ Equine Sports Massage Practitioner Diploma course due to the required standard of prior knowledge of anatomy and physiology and previously learnt palpation techniques. For further details please contact ICAT direct.

### About The Institute of Complementary Animal Therapies:

The Institute of Complementary Animal Therapies was established in 2002 and has rapidly established itself as a leading centre in the UK for those wishing to learn more about complementary therapies and their benefits in the animal kingdom. ICAT has gained international status with students attending from all over the United Kingdom and further afield. One keen learner attended from Moscow and is now the first equine massage therapist in Russia! As well as setting up practices in the UK, some of our graduates are based in Canada, Spain, Singapore, Australia and New Zealand. Due to increasing demand from overseas, ICAT is



widening its horizons and together with the help of experienced graduates, is setting up satellite training venues in various countries. We do not offer online courses as massage is such a practical based skill and requires correct training in application of pressure and constant animal behaviour reactions. Would you consider having a veterinarian treat your horse who had learnt their surgical skills online? This course is taught by professionals with over 25 years industry experience and our graduates have gained international recognition for their consistently high standards of compassion, care and knowledge.

### Course Tutors:

Julie Boxall PGCE., ITEC., is the founder, principal and senior lecturer for the Institute of Complementary Animal Therapies (ICAT) based in England, and founder of the Association of Complementary Animal Therapies (ACAT). Julie is a subject expert with over 30 years' experience in the industry as a Human and Animal Physical Therapist. She is chairing the Massage and Soft Tissue Stakeholder (MAST) sub group involved in the UK Government Review of Minor Procedures Regime (RMPPR). Julie is also a member of the National Occupational Standards (NOS) Committee who review standards in the Animal Care & Welfare Industry in the UK. Students will also have course mentors; North Island: Katie Bird / South Island: Danielle Wallace, who are both New Zealand based ICAT graduates.

**ICAT™ EQUINE SPORTS MASSAGE PRACTITIONER COURSE - NZ**

**APPLICATION FORM - Academic Year 2017/18**

**NEC, North Island, NZ**

Name \_\_\_\_\_ Mr/Mrs/Miss/Ms Date of Birth \_\_\_\_\_

Address \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_ Postcode \_\_\_\_\_

Tel No. \_\_\_\_\_ Mobile \_\_\_\_\_

Email \_\_\_\_\_

Existing Qualifications \_\_\_\_\_

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Please describe your equine experience /ownership / achievements

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**ESM APPLICATION FORM / 2**

Name \_\_\_\_\_

Do you have any disability or medical condition which might require special arrangements?

\_\_\_\_\_

Contact Name and Telephone Number (in case of emergency)

\_\_\_\_\_ Tel \_\_\_\_\_

*Optional: Do you have any special learning needs? YES / NO*

\_\_\_\_\_

Current Occupation \_\_\_\_\_

Membership of any professional institutions \_\_\_\_\_

\_\_\_\_\_

How did you hear about this course? \_\_\_\_\_

Describe why you wish to become an ICAT™ Equine Sports Massage Practitioner and what qualities you may bring to this occupation: *(Please continue on a separate sheet if necessary)*

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## ICAT™ EQUINE SPORTS MASSAGE PRACTITIONER COURSE – NZ

Academic Year 2017/18

### BOOKING TERMS AND CONDITIONS

#### COURSE FEE:

The total 12 month course fee is **NZ\$ 7500.00**

#### BOOKING A PLACE:

Complete all sections of this booking form, sign and send via email/post to:

Email: [info@theicat.co.uk](mailto:info@theicat.co.uk)

**ICAT, PO Box 299, Chudleigh, Devon, England, Great Britain. TQ13 0ZQ**

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#### PAYMENT:

This can be paid via bank transfer using the information supplied below.

|                                   |   |
|-----------------------------------|---|
| <b>Payment via bank transfer:</b> | <b>Institute of Complementary Animal Therapies</b>    |
| <b>Please put your 'name</b>      | <b>Sort Code: 30-96-06 Account Number: 02944538</b>   |
| <b>and NZ' as Reference</b>       | <b>BIC: LLOYDGB21078 IBAN: GB52LOYD30960602944538</b> |

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#### Please choose Option A or Option B.

##### OPTION A:

Please tick  To book a place complete and sign the booking form and pay the total course fee up front which entitles you to a prompt payment discount of NZ\$ 500.00 = total of **NZ\$ 7000.00** to pay. (Please note that this includes a non-refundable deposit of NZ\$ 1000.00)

Or

##### OPTION B:

Please tick  To book a place on the course a non-refundable deposit of **NZ\$ 1000.00** is required together with this completed signed booking form. The balance of NZ\$ 6500.00 can be made in instalments following receipt of the deposit, as 10 monthly payments of **NZ\$ 650.00\*** per month in advance on the 1<sup>st</sup> of each month as follows:

|                                |                               |
|--------------------------------|-------------------------------|
| 1 <sup>st</sup> June 2017      | 1 <sup>st</sup> November 2017 |
| 1 <sup>st</sup> July 2017      | 1 <sup>st</sup> December 2017 |
| 1 <sup>st</sup> August 2017    | 1 <sup>st</sup> January 2018  |
| 1 <sup>st</sup> September 2017 | 1 <sup>st</sup> February 2018 |
| 1 <sup>st</sup> October 2017   | 1 <sup>st</sup> March 2018    |

*\* Two missed instalments will result in the cancellation of the payment plan and result in the whole balance becoming due.*

This intense course has been designed for individuals who have previously demonstrated commitment and responsibility and can manage their own learning schedules. Please note that a non-attendance of any block will mean the candidate would still incur the fee for the missed block. If the candidate does not attend a catch up session (to be arranged with NZ mentor), they will be withdrawn from the programme. The candidate will however remain liable for payment of the remainder of the fees for the outstanding part of the course.

**I have read, understood and agree to abide by the ICAT course booking terms and conditions**

**Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**Print Name:** \_\_\_\_\_

**ICAT, PO Box 299, Chudleigh, Devon, England, Great Britain. TQ13 0ZQ**  
**Email: [info@theicat.co.uk](mailto:info@theicat.co.uk)**

Name \_\_\_\_\_ Date \_\_\_\_\_

**ESM APPLICATION FORM** - *Continuation Sheet*

Describe why you wish to become an ICAT Equine Sports Massage Practitioner and what qualities you may bring to this occupation: